



organised by



Nutrition Society of Malaysia

corporate partner



# 1<sup>st</sup> Malaysia Nutrition Leadership Programme 2017

Enhance Your Management,  
Communication & Leadership Skills



**Application is Now Open!  
Calling Young Nutritionists!**

Young, aspiring professionals in the field of food and nutrition are invited to submit their application to be selected as part of the inaugural Nutrition Leadership Programme, initiated by the Nutrition Society of Malaysia.

The Programme focuses on honing the participants' application of soft-skills and acquiring the requisite knack towards enhancing leadership competency among nutrition professionals.

*Date:*  
**4 – 8 August 2017  
(Fri-Tue)**

*Venue:*  
**Eagle Ranch Resort,  
Port Dickson,  
Negeri Sembilan**

[www.eagleranch.com.my](http://www.eagleranch.com.my)

## WHO SHOULD ATTEND

- ✓ Aged 40 years and below
- ✓ Possess a Master's Degree OR a minimum of 5 years working experience in food and nutrition
- ✓ Proficient in English Language
- ✓ Highly motivated individuals and demonstrate a passion in the field of nutrition

## COURSE STRUCTURE

### 1. SELF-DISCOVERY

- Awaken the superhero within!
- Who am I?
- Engaging and influencing people

### 2. COMMUNICATING EFFECTIVELY

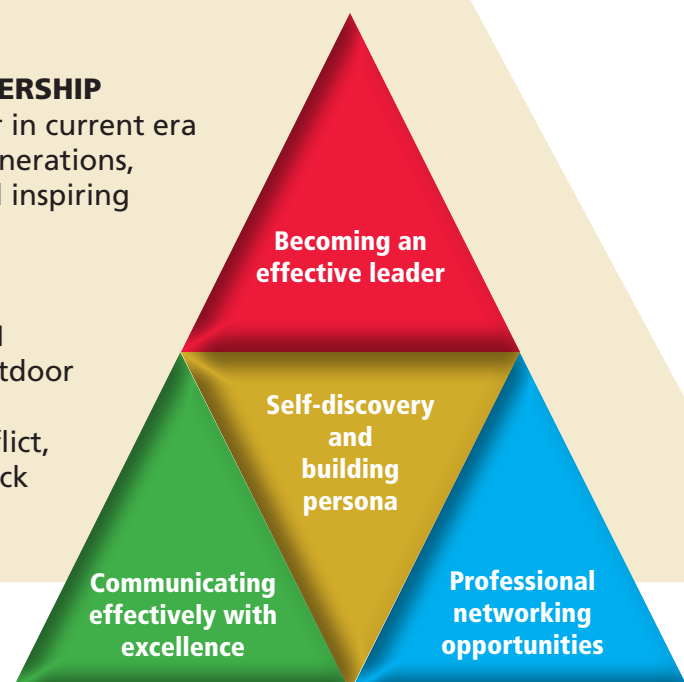
- The art of engaging and conversing
- Bringing presentation skills to life

### 3. EFFECTIVE LEADERSHIP

- Profile of a leader in current era
- Leading across generations, building trust and inspiring people

### 4. CREATING AN EFFECTIVE TEAM

- Team-building outdoor adventures
- Dealing with conflict, confrontations, lack of motivation



Professional trainers will be conducting modules through lectures, games, role play, case studies and discussions.

## About MyNLP

The MyNLP is an initiative and brainchild of the Nutrition Society of Malaysia with the objective of assisting the development of future leaders in the field of human nutritional sciences in Malaysia through proper training. Realizing there is a need to enhance leadership skills and foster greater communication and networking among young nutrition professionals (who are in the early-mid career), MyNLP is established to provide knowledge and skills towards enhancing leadership competency among nutrition professionals. It is envisioned that MyNLP is able to provide a platform of convergence to connect and provide networking opportunities among food and nutrition professionals across the country and also within the South-East Asian region.

## Important Dates:

*Application Opens From:*  
**31 Mar, 2017**

*Application Closes On:*  
**4 Jun, 2017**

*Notification of Acceptance & Accept Offer:*  
**16-21 Jun, 2017**

*Pay Deposit or Full Course Fees:*  
**4 Jul, 2017**

*Course Commences:*  
**4 Aug, 2017**

## Course Fees\*

**Government sector:  
RM2,000 / pax**

*(ministries and agencies, public institutions of higher learning, research institutions, healthcare facilities)*

**Private sector:  
RM4,000/ pax**

*(industries, institutions of higher learning, research institutions, healthcare facilities)*

*\* Registration fee covers seminar material, F&B (full-board – 5D, 4N basis) and accommodation (twin sharing). Fee excludes traveling of participants to course venue. The course fee is heavily subsidised by NSM especially for participants from the government sector.*

*This is a unique programme to groom young nutrition talents with leadership competencies.*

### Important Notes:

1. Only a limited number of participants shall be accepted.
2. Please apply by completing the application form (download from NSM's website) and attach a written Personal Statement (not more than 500 words), on why you wish to be a participant in this programme, and a particular aspect of nutrition which you are highly passionate about. Email your application to: [secretary@nutriweb.org.my](mailto:secretary@nutriweb.org.my)
3. Priority shall be accorded to members of Nutrition Society of Malaysia.
4. The top 2 applicants with the best written Personal Statement (as judged by the Council Members of Nutrition Society Malaysia) will be able to participate in the Programme at a discounted rate amounting to 50% off the Normal Course Fees.

For more information, visit: [www.nutriweb.org.my](http://www.nutriweb.org.my)  
For enquiries, contact: Dr Mahenderan Appukutty / Muhaini Hussin / Nurul Asyikin  
**Email: [secretary@nutriweb.org.my](mailto:secretary@nutriweb.org.my) / [mynlp@nutriweb.org.my](mailto:mynlp@nutriweb.org.my)**