

2nd Announcement



36th

Scientific Conference

Theme

Nutrition: The Key to Combating Prevailing Health Threats

7-8 September 2021

Scientific session: ZOOM platform

Poster presentation & sponsors' virtual booths:

Conference website – www.nsmconference.org.my

2nd Announcement

Important Dates

Conference:

7-8 September 2021

Post-conference events:

9 September 2021

- Meet the President of NSM
- Meet the Editor of Malaysian Journal of Nutrition

*Conference Registration &
Abstract submission open:*

16 June 2021

Abstract submission closed by:

~~**29 July 2021**~~

8 August 2021

(extended)

CALL FOR ABSTRACTS

You are invited to submit abstracts for presentation in the free paper presentation or poster sessions of the Conference. Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition. Please note that we are utilising ONLINE ABSTRACT SUBMISSION and registration system and abstract submission will be available from 16 June onwards and closed by 8 August 2021 (extended). Abstracts (200-300 words in MS Word format) must follow exactly the prescribed format. Details of the Conference, submission and acceptance status will be updated from time to time through the NSM Conference's official website.

All poster presenters are also encouraged to prepare a 3-min video for uploading with the poster.

About The CONFERENCE



The nation has been under the health threats posed by the double burden of malnutrition for more than three decades. Energy and nutrient deficiencies persist among specific communities while non-communicable diseases (NCDs) affect wide segments of the population. Although these nutritional problems have received considerable attention, systematic actions to combat them are clearly not adequate. We are still struggling in dealing with the high rates of morbidity and mortality resulting from NCDs.

The country has been hit by yet another health threat for the past year, the COVID-19 caused by the coronavirus. This pandemic, which continues to rage across the globe, has highlighted the importance of good nutrition and healthy lifestyle as the key to strengthening immunity so as to combat the pandemic. It has also been established that individuals with underlying NCDs are at an increased risk of more severe COVID-19 complications and mortality, should they become infected. Due to this inter-connected nature of NCDs and COVID-19, it is even more important now for the vulnerable groups and people with underlying medical problems (e.g. NCDs and their risk factors) to pay

attention to their health and nutrition. The pandemic should act as a catalyst for us to focus our effort and investment in improving healthy diets and physical activity.

Whole-society approach is now more crucial than ever in tackling NCDs and this new health threat COVID-19. It is essential for various stakeholders including government agencies, academic institutions, professional bodies and private sectors, as well as public to collaborate together to systematically implement the identified strategies and action plans. It is even more crucial for all stakeholders to form strategic alliances, and pool together all the required resources to combat nutrition-related problems in the country.

The theme of the 36th NSM Annual Scientific Conference underscores the importance of nutrition as the key to NCDs prevention, strengthening immunity and combating these health threats. This conference aims to serve as a platform for all stakeholders to productively exchange and discuss research and intervention activities towards combating these health threats, to building healthier future generations.

TENTATIVE CONFERENCE PROGRAMME

DAY 1 (7 SEPTEMBER 2021)

Time	Programme
0900	Opening & prize giving ceremony
1000	Keynote Lecture Nutrition Interventions to Combat NCDs and COVID-19 Health Threats – Experiences in China <i>Speaker: Prof Dr Yang Ye Xin, Chinese Nutrition Society</i>
1045	Break / E-poster viewing / Exhibitor page viewing
1130	Symposium 1: Nutrition and COVID-19 Digital Nutrition and Health Interventions in Preventing NCDs and Combating COVID-19 <i>Speaker: Dr Feisul Idzwan b Mustapha, Ministry of Health Malaysia</i> MyNutriLife COVID-19 Study <i>Speaker: Assoc Prof Dr Chin Yit Siew, Universiti Putra Malaysia</i>
1230	Lunch break / E-poster viewing / Exhibitor page viewing
1330	Invited Lecture 1 Effects of Tocotrienol-Rich Fraction (TRF) on the Pulmonary Fibrosis Drug Treatment in Rat Model <i>Speaker: Prof Dr Sun Guiju, Southeast University, China</i>
1415	Symposium 2: Maternal, Infant and Young Child Nutrition Addressing Childhood Stunting: Approaches, Achievements and Challenges <i>Speaker: Pn Zalma bt Abdul Razak, Ministry of Health Malaysia</i> Micronutrient Deficiency and Supplementation Among Women of Reproductive Age <i>Speaker: Assoc Prof Dr Loh Su Peng, Universiti Putra Malaysia</i>
1515	Young Researchers' Symposium
1615	Free Paper Presentations
1735	End of Day 1

TENTATIVE CONFERENCE PROGRAMME

DAY 2 (8 SEPTEMBER 2021)

Time	Programme
0900	Free Paper Presentations 2
1000	Invited Lecture 2 <i>Sponsored by Yakult Malaysia</i> Bile acid is a responsible host factor for high-fat diet-induced gut microbiota alterations in rats: proof of "bile acid hypothesis" <i>Speaker: Prof Dr Atushi Yokota, Hokkaido University</i>
1045	Break / E-poster viewing / Exhibitor page viewing
1115	Invited Lecture 3 <i>Sponsored by Herbalife Nutrition</i> Precision Nutrition and Cardiovascular Health <i>Speaker: Dr José M. Ordovás, Tufts University, Boston</i>
1200	Symposium 3 School Child and Adolescent Nutrition Studies of Whole Grain Consumption Among Children and Adolescents <i>Speaker: Dr Koo Hui Chin, Tunku Abdul Rahman University College</i> Dietary Patterns and Cardiometabolic Risks among Malaysian Adolescents <i>Speaker: Assoc Prof Dr Geeta Appannah, Universiti Putra Malaysia</i> Implementation of MySNPP – Sharing of Experience and Preliminary Findings <i>Speaker: Ms Teo Choon Huey, Ministry of Health Malaysia</i>
1300	Lunch Break / E-poster viewing / Exhibitor page viewing
1400	Invited Lecture 4 <i>Sponsored by the BENEIO-Institute</i> Blood Glucose Management as a Strategy in Influencing Metabolic Health and Immunity <i>Speaker: Ms Goh Peen Ern, Manager Nutrition Communication, BENEIO-Institute/BENEIO Asia Pacific Pte Ltd</i>
1445	Symposium 4 Physical Activity and Sedentary Behaviour Women Physical Activity and Sports <i>Speaker: Assoc Prof Dr Selina Khoo Phaik Lin, Universiti Malaya</i> Physical Activity and Health-related Fitness in Adolescents: The Asia-fit study <i>Speaker: Prof Dr Stanley Sai-chuen Hui, The Chinese University of Hong Kong</i>
1600	Presentation by finalists of undergraduate poster competition
1630	Prize giving and closing ceremony
1700	End of Conference

POST-CONFERENCE ACTIVITIES

9 SEPTEMBER 2021

Time	Programme
*Meet the President: Dialogue with University Students	
1100	Opening and message by President NSM <i>Nutritionists play key roles in the prevention of malnutrition</i>
1130	Discussion between student participants and NSM council members <ul style="list-style-type: none"> • <i>Presentation of statements by representatives</i> • <i>Sharing by all student participants and council members</i>
1230	Summary and recommendations
1300	End of Meet the President session

*Session is open only for students of local universities; separate registration required

9 SEPTEMBER 2021

Time	Programme
**Meet the Editor-In-Chief of Malaysian Journal of Nutrition (MJN)	
1430	Welcome remarks by President NSM
1435	About Malaysian Journal of Nutrition: Submission Guidelines & Determinants of Manuscript Acceptance <i>Speaker: Prof Dr Poh Bee Koon, Editor in Chief, MJN</i>
1500	Manuscript Submission to MJN: Common Errors to Avoid <i>Speaker: Dr Roseline Yap Wai Kuan, Managing Editor, MJN</i>
1520	Questions & answers
1530	End of session

** Session is open to all conference participants; separate registration required

Registration Fees

Category		Amount
Malaysians	*NSM Members	RM50
	Non-NSM Members	RM200
	**Undergraduate Students	FREE (Refer through University Head of Department/School/Programme)
Non-Malaysians		RM200

REGISTER ONLINE TODAY!

Submit the online registration form and follow the online payment instruction at
<https://www.nsmconference.org.my/registration/>

- * All members (except Life members) must have paid up their annual membership fees, including that for 2021, to be eligible to attend at NSM member rate
- ** Final year undergraduate students of nutrition programmes in local universities will be invited through their respective Heads of Departments to participate in the Conference with no registration fee
- *** Postgraduate students must be members of NSM to attend at members rate of RM50

This Conference organised by Nutrition Society of Malaysia, a professional body, is HRDF-claimable. Participants should advise their organisation's HR department to apply prior to event using the conference programme and list of speakers.

For enquiries, contact:

Conference Chairman

Tee E Siong, PhD

President, Nutrition Society of Malaysia

Email: president@nutriweb.org.my

OR

Conference Secretariat

Versacomm Sdn Bhd

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*For more details about
NSM Scientific Conferences, visit:*

www.nsmconference.org.my